

LIFESTYLE CONFERENCE 2018  
LIFESTYLE **IS** MEDICINE

# CERTIFICATE of PARTICIPATION

*Anden Pal Singh*

is hereby recognized for his participation in the  
Indian Society of Lifestyle Medicine Conference 2018 with the theme  
"Lifestyle IS Medicine" from December 3-5, 2018 at the  
Radisson Blu Atria, Bengaluru, India.

*Samuel George Hansdak*

**Dr. Samuel George Hansdak**  
MD, MA, FAIMER, DipIBLM

President

*Sheela Nambiar*

**Dr. Sheela Nambiar**  
MD (ObGyn), DipIBLM

Secretary

*Pramodh R.K*

**Dr. Pramodh R.K**  
MBBS, DFM, DHA, MLSM

Treasurer



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