

PROFILE OF THE DEAN



NAME, DESIGNATION & ADDRESS

Dr. Ravi Chand Sharma
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PERSONAL DETAILS

Father's Name: Late Sh. Ram Karan Sharma
Date of Birth : 08.02.1959
Marital Status : Married
Present Address : Flat No. AA-7, 3BHK, Residential Complex, MMU Solan

QUALIFICATIONS

- M.D. Psychiatry (1987) from PGIMER (Punjab University) Chandigarh.
- M.B.B.S. (1983) From Himachal Pradesh University Shimla.
- 2500/15 HP Medical Council , Shimla

REGISTRATION NO. (MBBS & MD) FELLOWSHIPS AND MEMBERSHIPS

- Fellow of Indian Psychiatric Society (F.I.P.S.)
- Life member of Indian Association of Social Psychiatry (I.A.S.P.)

TRAININGS

- **'Alcohol and Drug dependence training course'** from 5th to 26th April, 1994 at AIIMS, **New Delhi.**
- **'Anti-Retroviral Treatment Training Program'** organised by National AIDS Control Organization & Maharashtra Aids Control Society from 26th to 29th September, 2005 at J.J. Hospital, **Mumbai.**
- **Curriculum implementation Support Program (CISP) Workshop** from 17th to 19th April, 2019 at MCI Regional Centre in Medical Education Technologies, Himalayan Institute of Medical Sciences, **Dehradun.**
- **Revised Basic Course Workshop (RWBC)** from 5th to 7th April 2021, under the Observer ship of NMC Regional Centre in

Medical Education Technologies, Himalayan Institute of Medical Sciences, **Dehradun**.

- **Revised Basic Course Workshop and training in Attitude Ethics and Communication (RBCW AETCOM)** from 28th to 30th July 2021, under supervision of NMC Regional Centre, Himalayan Institute of Medical Sciences, **Dehradun**.
- Participated in CME “**WOMEN’S HEALTH-2021**” & Workshop “**Basic Principles of Gynae Endoscopy**” held at MM Medical College & Hospital, on 06.08.2021 & 07.08.2021. The Himachal Pradesh Medical Council has granted 5 (Five) credit hours the participants.

Presently working :-	<ul style="list-style-type: none"> • Presently working as Principal cum Professor of Psychiatry in MMMCH, Solan w.e.f. 23.08.2021 onwards 	
TEACHING EXPERIENCE (33 Years)	Under graduate & post Graduate Teaching experience From 1987 onwards to till date. Principal IGMC Shimla: 25 th April 2018 to 24 th June, 2019 DME&R Govt. of HP: 25 th June 2019 to 28 th Feb., 2021 Professor & Head of Psychiatry at MMMCH, Solan 01.03.2021 to 23.08.2021.	
	Professor (Psychiatry), IGMC Shimla	31.03.2000 to 24.04.2018
	Associate Professor (Psychiatry), IGMC Shimla	26.08.1995 to 30.03.2000
	Assistant Professor (Psychiatry), IGMC Shimla	08.04.1991 to 25.08.1995
	Lecturer (Psychiatry) IGMC Shimla	27.10.1989 to 07.04.1991
	Registrar (Psychiatry) IGMC Shimla	06.10.1987 to 26.10.1989
RESEARCH EXPERIENCE	<p>(a) Project Work: Worked as “Senior Research Fellow” on the I.C.M.R. Project titled “Monoamine Oxidase Activity in Schizophrenic Patients” at P.G.I.M.E.R., Chandigarh w.e.f. 01.01.1986 to 30.6.1987. This work was carried out by me in addition to my regular MD Psychiatry course.</p> <p>(b) List of publications (See Annexure I)</p>	
WORK EXPERIENCE	<ul style="list-style-type: none"> • As a DME&R -cum- Chairman I had been actively involved in the admission, training and registration of the UG and PG students Medical Colleges, Dental Colleges, Paramedical courses, Nursing Colleges and Schools in Govt. and private sector. For the first time MD/MS/MDS and MBBS/BDS admissions in H.P. were done through online centralised counselling. • As DME&R, I had to oversee the inspections conducted by the Medical Council of India/National Medical Commission, recruitment of faculty/residents, construction of new Govt. Medical Colleges as well as establishment of new centres/wings in existing medical institutions. I had been associated as a 	

	<p>member of State Level Store Purchase Committee headed by Addl. Chief Secy./ Secy. Health to the Govt of H.P.</p> <ul style="list-style-type: none"> • Worked as Principal IGMC Shimla which has got MBBS, MD/MS, DM/MCH and BSc. Medical Technology courses attached with 873 bedded Indira Gandhi Hospital and 274 bedded Kamla Nehru State Hospital for Mother and Child. • Worked as Professor and HOD Psychiatry w.e.f. March 2000 to May 2018. I started PG Course (MD) in the Department of Psychiatry in the year 2011 with an intake of 03 students/year. I had been PG paper setter and examiner in other medical universities. I had been regularly teaching undergraduate and post graduate students, managed out-door and indoor psychiatric patients and actively participated in research activities in the Deptt. of Psychiatry. • I have been the Member Secretary of HP State Mental Health Authority (a statutory body which was constituted under Mental Health Act, 1987) w.e.f. 1998 to 2011. • I have been the State level trainer as well as Nodal Officer of District Mental Health Programme (w.e.f. 1998 to 1999), which was started as a main component of the 'National Mental Health Programme' in district Bilaspur, H.P. as a pilot project in 1998-99 • I have been a Member of State Selection Committee constituted under The Juvenile Justice (Care and Protection of Children) Act, 2015 w.e.f. 2012 to 2017. • In the capacity of an eminent psychiatrist with vast experience, I have worked as a Member of Himachal Pradesh Nasha Nivaran Board. • I have been a regular resource person at Himachal Institute of Public Administration (HIPA) Fairlawn Shimla and have been delivering lectures on topics; psychosocial care during and post disaster situations, Stress and conflict management, Ethics and values.
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ANNEXURE- I

LIST OF PUBLICATIONS	
Sr. No.	State/Zonal/National Journals
1.	Mohan, Y., Sharma, R.C. , Dhatwalia, R.S. & Rajput, G.C. Opium Addiction in Tribal Population of Himachal Pradesh: Some Initial Observations. Archives of IGMC. 1988 ; 2: 5-9
2.	Sharma, R. & Dasgupta, Editorial: Drug Abuse, Archives of IGMC. 1988 ; 2:1.
3.	Sharma, R.C. & Kulhara, P. Cognitive Functions in Patients on Lithium Prophylaxis. Indian Journal of Psychiatry. 1991 ; 33 :52-57.
4.	Mohan, Y., Sharma, R.C. , Dhatwalia, R.S. & Rajput, G.C. De-Addiction Camps in Himachal Pradesh, Indian Journal of Community Medicine. 1991 ; 16:64-69.
5.	Bansal, S.K., Patial, R.K., Vijay, Kumar and Sharma, R. Miosis with Haloperidol. Journal of Applied Physicians of India. 1992 ; 40 : 72.
6.	Sharma, R.C. , Thakur, S.K. and Sharma, V. The Neuroleptic Malignant Syndrome; Report of Three Cases. Indian Journal of Psychiatry. 1996 ; 38: 100-103.

7.	Sharma, R.C. Kleptomania presenting with Major Depressive Disorder: A Case Report, Indian Journal of Psychiatry. 1996 ; 38:190-191.
8.	Sharma, R.C. Attempted Suicide in Himachal Pradesh. Indian Journal of Psychiatry; 1998 ; 40: 50-54.
9.	Sharma, R.C. Commentaries on view point: The unused potential of Behaviour Medicine and Consultation Liaison Psychiatry - Consultation Liaison Psychiatry is incomplete without Behaviour Medicine. Journal of Mental Health & Human Behaviour; 1997 ; 2:105-106.
10.	Sharma, R.C. Atypical Anorexia Nervosa: A Case Report. Journal of Mental Health & Human Behaviour. 1998 ; 3: 58-60.
11.	Kaushik, M.L. and Sharma, R.C. Addison's disease presenting as depression. Indian Journal of Medical Science. 2003 ; 57:249-251.
12.	Sharma, R.C. Depression in Children and adolescents. Current Medical Journal of India. 2005 ;11(6): 49-54.
13.	Sharma, R.C. & Sharma, N.L. Effectiveness of fluoxetine in the treatment of skin-picking- Case Report. Indian J Psychiatry. 2005 ; 47:241-242.
14.	Sharma, R.C. Depression associated with medical disorders. Current Medical Journal of India. 2006 ; 12(8), 7-13.
15.	Sharma DD, Kumar Ramesh & Sharma RC. Starvation in obsessive compulsive disorder due to scrupulosity- Case Report. Indian J Psychiatry. 2006 ; 48:265-266.
16.	Bisht J, Sankhyan N, Kaushal RK, Sharma RC. Clinical Profile of Pediatric Somatoform Disorders. Indian Pediatrics. 2008 ; 45(2):111-115.
17.	Sharma RC. Bipolar disorder. Current Medical Journal of India; 2010 ;16(5):23-33
18.	Aggarwal A, Sharma DD, Kumar R, Sharma RC. Mutism as the Presenting Symptom: Three Case Reports and Selective Review of Literature. Indian J Psychol Med. 2010 Jan-Jun; 32(1): 61-64.
19.	Aggarwal A, Kumar R, Sharma RC, Sharma DD. First episode mania at 75 years of age. Indian J Psychol Med 2010 , 32; 144-145.
20.	Sharma RC. Insomnia. Current Medical Journal of India; 2011 ; 16 (11):17-21.
21.	Sharma RC. Eating disorders. Current Medical Journal of India; 2011 ; 17(04):7-13.
22.	Sharma RC. Geriatric depression. Current Medical Journal of India; 2013 ; 18(10):7-14.
23.	Sharma RC. Depression in children and adolescents. Current Medical Journal of India 2013 ; 18(12):15-21.
24.	Sharma R, Kashyap R. Successful Treatment of a Complicated Case of Neuroleptic Malignant Syndrome with a Higher Dose of Bromocriptine and Lorazepam. A case report. J Postgrad Med Edu Res. 2015 ; 49 (2): 88-90. DOI : 10.5005/jp-journals-10028-1153.
25.	Mokta J, Sharma R, Mokta K, Ranjan A, Panda P and Joshi I. Cushing's disease presenting as suicidal depression. Journal of Applied Physicians of India 2016; 65:82-83.
26.	Sharma K, Gupta A, Sharma RC Mahajan N, Mahajan A, Sharma D, Mazta SR. Prevalence & risk factors for depression in elderly North Indian . J Geriatr Ment Health 2016; 3:158-63.
27.	Kanwar N, Sharma RC, Sharma DD, Ramesh Mokta K, Mokta JK. Prevalence of Psychiatric Comorbidity among Patients of Type 2 Diabetes Mellitus in a Hilly State of North India. Indian Journal of Endocrinology and Metabolism. 2019 ;23(6):602-608.
International Journals	
28.	Sharma, N.L., Sharma, R.C., Mahajan, V.K., Sharma, R.C., Chauhan, D.C.& Sharma, A.K. (2000) Trichotillomania and Trichophagia leading to Trichobezoar. The Journal of Dermatology (Tokyo). 2000 ; 27: 24-26.
29.	Sharma RC. Letter to the Editor-Modafinil-Induced Mania in a patient with Bipolar Affective Disorder. Letter on website of Primary Psychiatry 2007 :

	http://www.primarypsychiatry.com/asp/articleDetail.aspx?articleid=1347 .
30.	Sharma RC and Verma G. Acute generalized exanthematous pustulosis induced after adding Lamotrigine to Divalproex: A case report. Letters to the Editor: British Journal of Psychiatry;2009. http://bjp.rcpsych.org/content/190/1/81.2.full
31.	Sharma RC . Escitalopram-induced Subconjunctival Hemorrhage: A Case Report. Primary Psychiatry. 2009; 16(7):29-30.
32.	Sharma RC . Hypomania induced by escitalopram: 2 case reports. Psychopharmacology Bulletin. 2009; 42(2):89-91.
33.	Aggarwal A, Kumar R, Sharma RC , Sharma DD. Escitalopram induced galactorrhoea: A case report. Prog Neuropsychopharmacol Biol Psychiatry,2010; doi:10.1016/j.pnpbp.2010.01.021
34.	Aggarwal A, Sharma RC , Sharma DD, Kumar R. Letter to the Editor (Case report) Probable Epistaxis associated with escitalopram. Prog Neuropsychopharmacol Biol Psychiatry, 2010; doi:10.1016/j.pnpbp.2010.03.006
35.	Aggarwal A, Sharma RC , Sharma DD, Kumar R. Ecchymoses related to paroxetine: a case report. Primary Psychiatry. 2010;17(8):36-37
36.	Aggarwal A, Kumar R, Sharma RC , Sharma DD. AJWAIN (An Indian Spice): An unusual substance of dependence . Letters to the Editor: British Journal of Psychiatry; 2010. http://bjp.rcpsych.org/cgi/eletters/190/1/81-a
37.	Aggarwal A, Kumar R, Sharma RC , Sharma DD. Escitalopram and ischemic stroke: cause or chance association? Letter. Ann Pharmacother Sep; 44(9): 1508-9. Epub 2010 Aug 17.
38.	Sharma RC , Aggarwal A. Delirium associated with olanzapine therapy in an elderly male with Bipolar Affective Disorder. Psychiatry investigation. 2010; 7:153-54.
39.	Sharma RC . Lamotrigine effective in postmenstrual dysphoric disorder: a case report. Letter. The Journal of Clinical Psychopharmacology.2010;30(6): 754-55.
40.	Aggarwal A, Kumar R, Sharma RC , Sharma DD. Persistent dystonia following opioid withdrawal. Prog Neuropsychopharmacol Biol Psychiatry, 2011. doi:10.1016/j.pnpbp.2010.05.033
41.	Aggarwal A, Sharma RC . Bupropion-induced mania and hypomania: A report of two cases. Letter. J Neuropsychiatry Clin Neurosci. 2011; 23:E51-E52.
42.	Pathak Rambha, Sharma RC , Parvan UC, Gupta BP, Ojaha Rishi K, Goel NK. Behavioural and emotional problems in school going adolescents. Australas Med J 2011;4(1):15-21.
43.	Aggarwal A, Sharma D, Kumar R, Sharma R . Acute Psychosis as the Initial Presentation of MS: A Case Report. International MS journal 2011 May; 17(2):54.
44.	Aggarwal A, Kumar R, Sharma RC , Sharma DD. Topiramate induced pruritus in a patient with alcohol dependence. Indian J Dermatol. 2011 Jul-Aug; 56(4): 421–422. doi: 10.4103/0019-5154.84746 19.
45.	Sharma RC , Sharma K, Sharma D. “Sending hand written notes and playing victim to seek attention – a case report.” Letters to the Editor: British Journal of Psychiatry; 2014. http://bjp.rcpsych.org/content/190/1/81.2.full
46.	Sharma RC , Verma G, Kanwar P. “Successful treatment of Lamotrigine induced toxic epidermal necrolysis in a patient of Bipolar Disorder: a case report.” Letters to the Editor: British Journal of Psychiatry; 2014. http://bjp.rcpsych.org/content/190/1/81.2.full
47.	Mahajan SK, Kaushik M, Raina R, Sharma RC , Thakur P, Sharma JB. Scrub typhus with visual hallucinations- A Case Report. Trop Doct. 2015; 45(2):146-7
48.	Sharma RC . Successful Treatment of Idiopathic Intractable Hiccup With Baclofen and Supportive Treatment: A Case Report . J Neuropsychiatry Clin Neurosci. 2015 ; 27(1): pp. e62–e63 http://dx.doi.org/10.1176/appi.neuropsych.13110331
49.	Sharma RC , Kainth A, Sharma S. Transient Global Amnesia as a Presenting Manifestation of Cerebral Venous Thrombosis. J Neuropsychiatry Clin Neurosci. 2015; 27(3), pp. e209–e210 http://dx.doi.org/10.1176/appi.neuropsych.14110354
50.	Verma G, Sharma DD, Sharma R et al. HIV/AIDS phobia leading to schizophrenia like psychosis in a benign cutaneous condition: pearly penile papules. Int J Health Sci Res. 2016;

	6(12):356-359.
51.	Sharma, R.C. Depression associated with medical disorders. Current Medical Journal of India. 2006 ; 12(8), 7-13.
52.	Sharma RC , Kumar R, Sharma DD, Kanwar P. Opium withdrawal delirium: Two case reports. Psychopharmacology Bulletin. 2017 ;47(1):48–51
53.	Thakur MK, Kashyap R, Marwaha R, Sharma RC , Gupta D, Sharma S and Sharma JB. The aetiological profile of new onset palpitations in natives of Western Himalayas: a cross sectional observational study. Int J Res Med Sci. 2017 Mar;5(3):768-772.
54.	Kanwar P, Sharma RC , Sharma DD, Kanwar N. A study of psychiatric co-morbidity among alcohol dependents . Int J Res Med Sci. 2017 Oct; 5(10):4490-96.
55.	Sharma RC , Sharma DD, Kanwar N, Kanwar P, Singh B and Singh M. Prevalence of depression and its associated factors among medical students: a study using beck depression inventory. Int J Res Med Sci. 2017 Nov;5(11):5036-40.
56.	Sharma K and Sharma RC . An original article on the views of medical students about ragging . GJRA 2017 Nov; 6(11); 271-72.
57.	Sharma RC , Sharma DD, Kanwar N, Kanwar P, Singh B and Manta S. Undergraduate nursing students' attitude towards mental illness: a cross sectional study. Int J Res Med Sci. 2018 Jan;6(1):275-78. http://dx.doi.org/10.18203/2320-6012.ijrms20175733
58.	Kanwar P, Kumar R, Sharma RC . Cannabis induced koro in a Nepali migrant : Letter to the Editor. Asian J Psychiatr 2018 ;31: 86–87 https://doi.org/10.1016/j.ajp.2018.01.016
59.	Sharma RC , Sharma DD, Kanwar N, Chaudhary A, Kanwar P. Perception and attitude of medical students towards their career choices and specialty of Psychiatry. Journal of Medical Science and clinical Research (JMSCR) 2018 ;6 (6):809-14.
60.	Sharma RC , Sharma DD, Kanwar N, Thakur MK, Kanwar P. Assessment of the frequency of depression and anxiety among tuberculosis patients at a tertiary care health centre. A cross sectional study. European journal of pharmaceutical and medical research (ejpmr) 2018 ; 5(4), 496-99.
61.	Sharma D, Sharma RC , Kumar R, Asotra S, Dinesh D. Frequency of psychiatric morbidity (depression and anxiety) in patients of acute coronary syndrome. International al Journal of Innovative Research and Advanced Studies (IJIRAS) 2018 ;5:134-139
62.	Sharma RC , Sharma DD, Gupta V, Kumar V, Gupta R. Socio-demographic factors among suicide attempters attending psychiatry department of a tertiary care hospital in North India: a case series. Journal ijcar.org 2018 September 07(9),pp.15542-44
63.	Sharma RC , Sharma DD, Kanwar N, Thakur MK, Chaudhary A, Kanwar P, Kaushik S. Assessment of burn-out among staff nurses working in a tertiary care health centre in North India. Int J Res Med Sci. 2018 Dec;6(12):3959-3963
64.	Sharma RC , Sharma DD, Gupta Vikesh, Gupta rahul, Kumar Vineet, Verma Kushel. Description of clinical factors for suicide attempts in a tertiary care hospital of northern part of India. Int J Res Med Sci. 2019 Jan;7(1):209-213

(Dr. Ravi Chand Sharma)