



**MAHARISHI MARKANDESHWAR MEDICAL COLLEGE & HOSPITAL**  
**MAHARISHI MARKANDESHWAR UNIVERSITY**  
**KUMARHATTI. SOLAN-173229**

FOUNDATION COURSE									
MBBS ADMISSION BATCH 2024									
From 14.10.2024 to 19.10.2024									
Day/ Date	8:50 to 9: 40 am	9:40 to 10:40 am	10:40 to 11: 40am	11: 40 to 12: 40 pm	12: 40 to 1:30 pm	1:30 - 2:00	2: 00 to 3: 00 pm	3:00 to 5:10 pm	
Monday 14.10.24	Welcome address by Principal, Vice Principal, Dean Academics		interaction with faculty along with parents LT- II (HODs Phase-1)				Introduction to Foundation Course Dr J.S. Sandhu	English skill- Importance of English language in MBBS Course (Interactive Lecture) LT – II Mrs. Meenu Sharma	
Tuesday 15.10.24	Class room Rules & Behaviour (Interactive Lecture) LT-II Dr. Harpreet Kaur Walia		Introduction to CBME Dr Vishavdeep Kaur	Panel discussion – why do want to become a doctor? Role of Doctor in Society LT- II Dr. Deepak Kumar Dr. Anil Redhu		L U N C	Local language skill - Importance of Hindi language in MBBS Course (Interactive Lecture) LT-II Mrs. Meenu Sharma	Sports activity – Outdoor games –Cricket, Volleyball, Basket ball Dr. Sameer Singh Faujdar (Institutional Sports Committee)	
Wednesday 16.10.24	Orientation first year subject (Anatomy) All Department		Hand Washing – An Important Skill Demonstration & Observation LT- II Dr. Saurabh Sharma (Surgery)			H B	Learn English related to community Medicine Dr. Deepak Kumar	Sports activity Indoor games - Carrom, Ludo, Badminton, Table Tennis Dr. Vishavdeep Kaur (Institutional Sports Committee)	
Thursday 17.10.24	Holiday								
Friday 18.10.24	Orientation first year subject (Physiology) All Department		Community visit (PSM- Department)				E A K	Computer Lab Teaching Dr. Kunal Goyal	Sports activity Outdoor Games – Cricket, Volleyball, Basket ball, Football Institutional Sports Committee Dr. Sameer Singh Faujdar (Institutional Sports Committee)
			Batch A 1-37	Batch B 38-74	Batch C 75-113	Batch D 114-150			
			RHTC	UHTC	PHC	Community			
			RHTC – Dr. Deepak Kumar, UHTC – Dr. Abhishek , PHC – Dr. Amal Community – Dr. Rahul						
Saturday 19.10.24	Orientation first year subject (Biochemistry) All Department		Role of Yoga & Meditation- Spiritual Health LT-II Dr. J.S. Sandhu				Computer Lab Teaching Dr. Kunal Goyal	Extracurricular Activity- Rangoli, Singing, Dancing, Painting, Drawing, Poetry Competition Dr. Priya Mehrishi ( Institutional Cultural Committee)	

**PRINCIPAL**

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Principal  
 Maharishi Markandeshwar  
 Medical College & Hospital  
 Kumarhatti (Solan)



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FOUNDATION COURSE															
MBBS ADMISSION BATCH 2024															
From 21.10.2024 to 23.10.2024															
Day/ Date	8:50 to 9: 40 am	9:40 to 10:40 am	10:40 to 11: 40am	11: 40 to 12: 40 pm	12: 40 to 1:30 pm	1:30 - 2:00 pm	2: 00 to 3: 00 pm	3:00 to 5:10 pm							
Monday 21.10.24	HOSPITAL ROUNDS OPDS/Casualty/IPD Dr. Manpreet Singh Nanda		Safety- needle/ scalpel injuries , hand washing- soap and water, hand sanitizers , antiseptics Use of -Gloves , Face masks (Interactive Lecture & Demonstration) LT-II Dr.Seema Solanki				Computer Lab Teaching Dr. Kunal Goyal	Sports activity Outdoor Games – Cricket, Volleyball, Basket ball, Football Institutional Sports Committee Dr. Hemant Saini (Anatomy)							
Tuesday 22.10.24	Anti ragging sensitization (Handout/Pamphlets) LT – II Dr. J.S. Sandhu	Panel discussion – Doctor – Patient Relationship LT-II Dr Inderpreet Sohi Dr. Monika Gupta Dr. Anil Kumar Malik	Community visit (PSM- Department)			L U N C H B R E A K	Computer Lab Teaching Dr. Kunal Goyal	Extracurricular Activity- Rangoli, Singing, Dancing, Painting, Drawing, Poetry Competition Dr. Priya Mehrishi (Institutional Cultural Committee )							
			<table border="1"> <tr> <td>Batch A 1-37</td> <td>Batch B 38-74</td> <td>Batch C 75-113</td> <td>Batch D 114-150</td> </tr> <tr> <td>RHTC</td> <td>UHTC</td> <td>PHC</td> <td>Community</td> </tr> </table>	Batch A 1-37	Batch B 38-74		Batch C 75-113	Batch D 114-150	RHTC	UHTC	PHC	Community			
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RHTC	UHTC	PHC	Community												
Wednesday 23.10.24	Student Support Program: Hostel rules, Road Safety & Transport Facility , Emergency Numbers LT – II Dr. J.S. Sandhu	Student Support Program: College/ Campus Rules Lecture & handout LT – II Dr. J.S. Sandhu	Orientation to Registration & Labs: <u>Biochemistry:</u> All Department HODs  <u>Pathology:</u> All Department HODs  <u>Microbiology:</u> All Department HODs				Physical fitness & Mental Health (Interactive Lecture) LT-II Dr. Kajal Preet Kaur lecture & handouts LT-II (Psychiatry)	Computer Lab Teaching Dr. Kunal Goyal							

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FOUNDATION COURSE						1:30 2:00 pm		
MBBS ADMISSION BATCH 2024								
From 24.10.2024 to 26.10.2024							2: 00 to 3: 00 pm	3:00 to 5:10 pm
Day/ Date	8:50 to 9: 40 am	9:40 to 10:40 am	10:40 to 11: 40am	11: 40 to 12: 40 pm	12: 40 to 1:30 pm	L U N C H B R E A K		
Thursday 24.10.24	Waste management & Pollution (Interactive Lecture) LT-II Dr. Jai Prakash Bhartiya		The MBBS programme and how to approach it (Handouts, Interactive Lecture) LT-II Dr. Simran Sekhon		Mentorship skills Dr. Vishavdeep Kaur		Learn English related to Anatomy, Physiology & Biochemistry Lecture & Handout LT – II Dr. Rakesh Kumar Agarwal Dr. Vishavdeep Kaur Dr. Harpreet Kaur Wallia	Library skill (Small Group Discussion) Central Library Dr. Deepak Sharma
Friday 25.10.24	Communication Skill – A health Perspective (Interactive Lecture) LT-II Dr. Inderpreet Sohi	Self Directed Learning LT- II Dr. Rakesh Kumar Agarwal	History of Medicine Dr. Kiran Kumar Singal	Ethics in Research Publication (Interactive Lecture) LT-II (Research Scientist) Dr. Naveen Kakkar			Gender Sensitization – Behaviour with opposite Sex. Interactive Lecture LT- II Dr. Simran Sekhon	Cell Phone abuse & internet Addiction Debate LT- II Dr. Naveen Kakkar
Saturday 26.10.24	Immunization Requirements of Healthcare Professional Dr. Rahul, Dr. Deepak Kumar		Consequences of Unethical & Unprofessional behaviour Dr. Anil Kumar Malik	Feedback & Reflection on Foundation Course Dr. Navpreet Kaur Dr. Rakesh Kumar Agarwal			White Coat Ceremony LT – II Dr. Ravi Chand Sharma, Dr. J.S Sandhu , Dr. R.S. Chauhan, MEU & Curriculum Committee Members	Sports activity Outdoor Games – Cricket, Volleyball, Basket ball, Football Dr. Sameer Singh Faujdar (Institutional Sports Committee)

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COLOR CODES	NMC RECOMMENDED HOURS	MMMCH & H: HOURS ALLOTTED
Orientation	15	16
Skill Module	15	18
Community visits	05	06
Professional Development including Ethics	20	20
Language & Computer skill	10	11
Sports and extracurricular	15	15
<b>Total</b>	<b>80</b>	<b>86</b>

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