

EXTRACURRICULAR ACTIVITIES

Year	Name of the activity (Cultural)	University	State	Regional	National
2015	Universumm-15 (Cultural)	MM University, Mullana, Ambala	Haryana	-	Yes
2015	Universumm-15 (Sports)	MM University, Mullana, Ambala	Haryana	-	Yes
2015	Euphoria 2015 (Cultural)	GMC&H Chandigarh	Chandigarh	-	Yes
2015	Euphoria 2015 (Sports)	GMC&H Chandigarh	Chandigarh	-	Yes
2016	Fresher's party 2016	MMM&CH Solan	Himachal Pradesh	Yes	-
2016	PULSE – 2016	AIIMS, New Delhi	New Delhi	-	Yes
2016	UNIVERSUMM -2016 (Cultural)	MM University, Mullana, Ambala	Haryana	-	Yes
2016	UNIVERSUMM -2016 (Sports)	MM University, Mullana, Ambala	Haryana	-	Yes
2016	Mediolymus 2016 (Cultural)	MMM&CH Solan	Himachal Pradesh	Yes	-
2016	Mediolymus 2016 (Sports)	MMM&CH Solan	Himachal Pradesh	Yes	-
2016	Euphoria 2016 (Cultural)	GMC&H Chandigarh	Chandigarh	-	Yes
2016	Euphoria 2016 (Sports)	GMC&H Chandigarh	Chandigarh	-	Yes
2016	Nurse's Day Celebration	MMM&CH Solan	Himachal Pradesh	Yes	-
2016	Quiz- Influenza	MMM&CH Solan	Himachal Pradesh	Yes	-
2016	Influenza Awareness week	MMM&CH Solan	Himachal Pradesh	Yes	-
2016	Biochemistry Quiz 2016	MMM&CH Solan	Himachal Pradesh	Yes	-
2016	Quiz- World Health Day 2016	MMM&CH Solan	Himachal Pradesh	Yes	-
2016	Sensitization in Comprehensive Tuberculosis Control under Revised National Tuberculosis Control Programme	MMM&CH Solan	Himachal Pradesh	Yes	-
2016	Comprehensive Tuberculosis Control under Revised National Tuberculosis Control Programme	MMM&CH Solan	Himachal Pradesh	Yes	-
2016	Poster Competition- World AIDS Day	MMM&CH Solan	Himachal Pradesh	Yes	-
2016	Rangoli on World AIDS Day	MMM&CH Solan	Himachal Pradesh	Yes	-
2016	Pharmacovigilance	MMM&CH Solan	Himachal Pradesh	Yes	-
2016	Connexus 2016 (Cultural)	Govt Medical College Kangra, Tanda	Himachal Pradesh	Yes	-
2016	Connexus 2016 (Sports)	Govt Medical College Kangra, Tanda	Himachal Pradesh	Yes	-
2016	Euphoria 2016 (Cultural)	GMC&H Chandigarh	Chandigarh	-	Yes
2016	Euphoria 2016 (Sports)	GMC&H Chandigarh	Chandigarh	-	Yes
2017	Fresher's party 2017	MMM&CH Solan	Himachal Pradesh	yes	-
2017	Euphoria 2017 (Cultural)	GMC&H Chandigarh	Chandigarh	-	Yes
2017	Euphoria 2017 (Sports)	GMC&H Chandigarh	Chandigarh	-	Yes
2017	Mediolymus 2017 (Cultural)	MMM&CH Solan	Himachal Pradesh	Yes	-
2017	Mediolymus 2017 (Sports)	MMM&CH Solan	Himachal Pradesh	Yes	-
2017	Poster Competition -Integrated Teaching on Malaria	MMM&CH Solan	Himachal Pradesh	Yes	-
2017	Rangoli on Integrated Teaching on Malaria	MMM&CH Solan	Himachal Pradesh	Yes	-

2017	Poster Competition – World mental Health day on theme “Nicotine and its impact on health”	MMM&CH Solan	Himachal Pradesh	Yes	-
2017	Rangoli – World mental Health day on theme “Nicotine and its impact on health”	MMM&CH Solan	Himachal Pradesh	Yes	-
2017	Quiz – World Health day 2017-Theme “Depression”	MMM&CH Solan	Himachal Pradesh	Yes	-
2017	Poster Competition-WOMEN’S DAY THEME “BE BOLD FOR CHANGE”	MMMCH, Solan	Himachal Pradesh	yes	-
2017	Rangoli-WOMEN’S DAY THEME “BE BOLD FOR CHANGE”	MMMCH, Solan	Himachal Pradesh	yes	-
2017	Poster Competition – “Women and Diabetes” our right to healthy Future	MMM&CH Solan	Himachal Pradesh	Yes	-
2017	Rangoli – “Women and Diabetes” our right to healthy Future	MMM&CH Solan	Himachal Pradesh	Yes	-
2017	Fresher's party of batch- 2017	MMM&CH Solan	Himachal Pradesh	yes	-
2017	Workshop – Current Trends in IPR	MMM&CH Solan	Himachal Pradesh	yes	-
2017	Connexus 2017 (Cultural)	Govt Medical College Kangra, Tanda	Himachal Pradesh	Yes	-
2017	Connexus 2017 (Sports)	Govt Medical College Kangra, Tanda	Himachal Pradesh	Yes	-
2017	Diabetes Update - 2017	MMM&CH Solan	Himachal Pradesh	Yes	-
2017	Obstructive Sleep Apnea 2017	MMM&CH Solan	Himachal Pradesh	Yes	-
2017	QualiCon 2017	MMM&CH Solan	Himachal Pradesh	Yes	-
2017	INFECTIOUS DISEASES	MMM&CH Solan	Himachal Pradesh	Yes	-
2017	TB Tabacco Integration	MMM&CH Solan	Himachal Pradesh	Yes	-
2017	T.B. Day Celebration 2017- “T.B. Sensitization Programme”	MMM&CH Solan	Himachal Pradesh	Yes	-
2017	PULSE – 2017	AIIMS, New Delhi	New Delhi	-	Yes
2017	UNIVERSUMM -2017 (Cultural)	MM University, Mullana, Ambala	Haryana	-	Yes
2017	UNIVERSUMM -2017 (Sports)	MM University, Mullana, Ambala	Haryana	-	Yes
2017	GATKA COMPETITION	Bathinda	Punjab	-	Yes
2017	LOHRI CELEBRATION 2017	MMM&CH Solan	Himachal Pradesh	Yes	-
2018	Current Trends in Filing Copyright, Patent and other IPR issues in India	MMM&CH Solan	Himachal Pradesh	Yes	-
2018	on Revised technical and operational guidelines in R.N.T.C.P.	MMM&CH Solan	Himachal Pradesh	Yes	-
2018	Poster Competition- World AIDS day	MMM&CH Solan	Himachal Pradesh	Yes	-
2018	Rangoli- World AIDS day	MMM&CH Solan	Himachal Pradesh	Yes	-
2018	Drug Abuse Rally	Thodo Ground Solan	Himachal Pradesh	Yes	-
2018	DRUGE ABUSE (Poster competition)	MMM&CH Solan	Himachal Pradesh	Yes	-
2018	PULSE – 2018	AIIMS, New Delhi	New Delhi	-	Yes
2018	Poster competition (Antibiotic Awareness)	MMM&CH Solan	Himachal Pradesh	Yes	-
2018	Rangoli on Antibiotic Awareness	MMM&CH Solan	Himachal Pradesh	Yes	-
2018	Quiz Compitition(Antibiotic Awareness)	MMM&CH Solan	Himachal Pradesh	Yes	-
2018	CME - Antibiotic Awareness	MMM&CH Solan	Himachal Pradesh	Yes	-

2018	Workshop- Analytical Techniques for Reseach in Medical Sciences	MMM&CH Solan	Himachal Pradesh	Yes	-
2018	CME - "Ameliorating Pain"	MMM&CH Solan	Himachal Pradesh	Yes	-
2018	MEDIOLYMPUS 2018 –Annual Sports Meet (Culrural)	MMM&CH Solan	Himachal Pradesh	Yes	-
2018	MEDIOLYMPUS 2018 –Annual Sports Meet (Sports)	MMM&CH Solan	Himachal Pradesh	Yes	-
2018	STIMULUS 2018 (Cultural)	IGMC SHIMLA	Himachal Pradesh	Yes	-
2018	STIMULUS 2018 (Sports)	IGMC SHIMLA	Himachal Pradesh	Yes	-
2018	UNIVERSUMM -2018 (Cultural)	MM University, Mullana, Ambala	Haryana	-	Yes
2018	UNIVERSUMM -2018 (Sports)	MM University, Mullana, Ambala	Haryana	-	Yes
2018	PYREXIA – 2019 (AIIMS RISHIKESH) (Cultural)	AIIMS, New Delhi	New Delhi	-	Yes
2018	PYREXIA – 2019 (AIIMS RISHIKESH) (Sports)	AIIMS, New Delhi	New Delhi	-	Yes
2018	RESONANCE 2018	SGRD University of Health Science	Haryana	-	Yes
2018	'Euphoria 2019' (Cultural)	GMCH, Chandigarh.	Chandigarh	-	Yes
2018	'Euphoria 2019' (Sports)	GMCH, Chandigarh.	Chandigarh	-	Yes
2019	CME on Basic Life Support	MMM&CH Solan	Himachal Pradesh	Yes	-
2019	CME- Swine Influenza H1N1	MMM&CH Solan	Himachal Pradesh	Yes	-
2019	'Euphoria 2019' (Cultural)	GMCH, Chandigarh.	Chandigarh	-	Yes
2019	'Euphoria 2019' (Sports)	GMCH, Chandigarh.	Chandigarh	-	Yes
2019	Fresher's party of batch- 2018	MMM&CH Solan	Himachal Pradesh	Yes	-
2019	Poste competition – World Cancer Day Theme – Breast Cancer	MMM&CH Solan	Himachal Pradesh	Yes	-
2019	Rangoli – World Cancer Day Theme – Breast Cancer	MMM&CH Solan	Himachal Pradesh	Yes	-
2019	Poster Competition -World TB Day Theme- IT's TIME....	MMM&CH Solan	Himachal Pradesh	Yes	-
2019	Rangoli on World TB Day Theme- IT's TIME....	MMM&CH Solan	Himachal Pradesh	Yes	-
2019	World TB Day Theme- IT's TIME....	MMM&CH Solan	Himachal Pradesh	Yes	-
2019	QUIZ COMPETITION - World TB Day Theme- IT's TIME....	MMM&CH Solan	Himachal Pradesh	Yes	-
2019	"Sensitization Programme" "World TB Day 2019"	MMM&CH Solan	Himachal Pradesh	Yes	-
2019	PYREXIA – 2019 (AIIMS RISHIKESH) (Cultural)	AIIMS, Rishikesh	Uttarakhand	-	Yes
2019	PYREXIA – 2019 (AIIMS RISHIKESH) (Sports)	AIIMS, Rishikesh	Uttarakhand	-	Yes
2019	STIMULUS – 2019 (IGMC SHIMLA) (Cultural)	IGMC SHIMLA	Himachal Pradesh	Yes	-
2019	STIMULUS – 2019 (IGMC SHIMLA) (Sports)	IGMC SHIMLA	Himachal Pradesh	Yes	-
2019	College Festival (Cultural)	SLBSGMCH, Mandi	Himachal Pradesh	Yes	-
2019	College Festival (Sports)	SLBSGMCH, Mandi	Himachal Pradesh	Yes	-
2019	Workshop – GCP 'Good Clinical Practice'	MMMCH, Solan	Himachal Pradesh	yes	-
2019	SPEAK INDIA'S HEALTH LITERACY COMPEITION AND FESTIVAL (Topic – Ayushman Bharat: 'Wellness is a journey to health India')		Chandigarh	-	Yes

2019	Quality Research Promotion Initiatives (Introduction to IPR)	MMMCH, Solan	Himachal Pradesh	Yes	-
2019	(Introduction to IPR)	MMMCH, Solan	Himachal Pradesh	Yes	-
2019	Computer Shoft Skills	MMMCH, Solan	Himachal Pradesh	Yes	-
2019	Principles & Methods Involved in Identification Assesment & Reporting of Adverse Drug Reaction	MMMCH, Solan	Himachal Pradesh	Yes	-
2019	Ethics in Research	MMMCH, Solan	Himachal Pradesh	Yes	-
2020	Euphoria 2020 (Cultural)	GMCH, Chandigarh.	Chandigarh	-	Yes
2020	Euphoria 2020 (Sports)	GMCH, Chandigarh.	Chandigarh	-	Yes
2020	International Women's Day (8th March,20)	MMMCH, Solan	Himachal Pradesh	Yes	-
2020	"COVID-19: Issues and Challenges" Poster-Making (16th April,20)	MMMCH, Solan	Himachal Pradesh	Yes	-
2020	"COVID-19: Issues and Challenges" Short-Video (16th April,20)	MMMCH, Solan	Himachal Pradesh	Yes	-
2020	"COVID-19: Issues and Challenges"Online Poster-Making (25th April,20)	Sri Aurobindo College, Delhi	Delhi	-	Yes
2020	"COVID-19: Issues and Challenges"Online Essay-Competition (25th April,20)	Sri Aurobindo College, Delhi	Delhi	-	Yes
2020	Doodling Competition online Doodle Art Competition (26th to 30th April,20)	AIMSA, Telangana	Telangana	-	Yes
2021	National youth day (12th jan)	MMMCH, Solan	Himachal Pradesh	Yes	Yes
2021	International Women's Day (6th March,21)	MMMCH, Solan	Himachal Pradesh	Yes	-
2021	Azadi ka amrut mahotsav (12th March, 21)	MMMCH, Solan	Himachal Pradesh	Yes	Yes
2021	World TB Day (24th March, 21)	MMMCH, Solan	Himachal Pradesh	Yes	Yes
2021	World health day (7th April, 2021)	MMMCH, Solan	Himachal Pradesh	Yes	Yes
2021	Birth anniversary of Guru Teg Bahadur ji(15th- 21th April, 21)	MMMCH, Solan	Himachal Pradesh	Yes	Yes
2021	Ganga Quest (9th April, 21)	MMMCH, Solan	Himachal Pradesh	Yes	Yes
2021	World no tobacco day (31st May, 21)	MMMCH, Solan	Himachal Pradesh	Yes	Yes
2021	World Blood donation day (14th June, 21)	MMMCH, Solan	Himachal Pradesh	Yes	Yes
2021	World day to combat desertification and drought (21st June, 21)	MMMCH, Solan	Himachal Pradesh	Yes	Yes
2021	International day against drug abuse and illicit trafficking (26th June, 21)	MMMCH, Solan	Himachal Pradesh	Yes	Yes